

## Information from Your School Nurse

1. Immunizations: Please bring the original, updated immunization record or exemption to the front office for our staff to make a copy.

Link to required immunizations for Kindergarten:

English <https://immunize.utah.gov/wp-content/uploads/2019/12/ImmunizationRequirementsKindergarten2022ENG.pdf>

Spanish <https://immunize.utah.gov/wp-content/uploads/2019/12/ImmunizationRequirementsKindergarten2022SP.pdf>

Link to public health department website for an exemption: <https://immunize.utah.gov/immunization-education-module/>

2. Physicals and Eye Exams: We recommend your student has a physical and eye exam prior to starting Kindergarten.

Link for help with CHIP/Medicaid: <https://healthservices.jordandistrict.org/>

3. Medications at school: All medications will require a doctor's order to be on file at school. This includes essential oils, cough drops, creams, over the counter medications, or anything your student may need during the day while at school. Medications need to be checked in with the front office staff by an adult and will not be accepted if they are expired or if the proper paper work is not on file. Medications need to be in their original, pharmacy labeled container. Each medication needs its own form.

Link to medication guidelines and forms: <https://nursingservices.jordandistrict.org/medication-guidelines/>

4. Healthcare Plans: If your student has a medical condition, such as diabetes, seizures, food allergies, heart conditions, or another medical condition that might require a care plan, please complete this form here and return it to the school.

Link to Request for Health Services form:

English: <https://nursingservices.jordandistrict.org/wp-content/uploads/sites/23/JORDAN-SCHOOL-DISTRICT-NURSING-SERVICES-REQUEST-FOR-SPECIAL-HEALTH-CARE-SERVICES-AND-RELEASE-OF-CONFIDENTIAL-INFORMATION.pdf>

Spanish: <https://nursingservices.jordandistrict.org/wp-content/uploads/sites/23/Spanish-IHP-Release.pdf>

5. Sick Students: Please do not send sick students to school. Children with fevers, vomiting, and diarrhea are contagious and should remain home until they are symptom free for 24 hours without the use of medications. This helps prevent the spread of illness and keeps others at school healthy.
6. Handwashing: Now is a great time to talk to your student about proper handwashing technique. A person should wash their hands with soap and water for at least 20 seconds. It is also important to teach your student proper cough/sneeze etiquette by covering coughs and sneezes with the elbow.

If you have any questions, please feel free to contact me. Thank you!

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